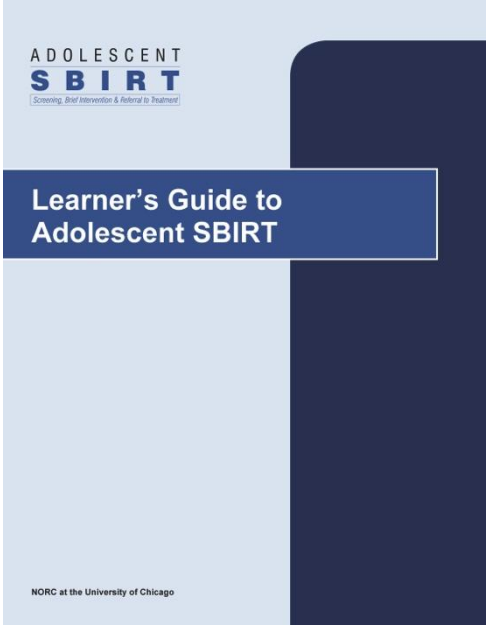
ADOLESCENT
SBIRT
Screening, Brief Intervention & Referral to Treatment



Learner's Guide to Adolescent SBIRT Order Form

The *Learner's Guide to Adolescent SBIRT* is a skill-based education and training manual on SBIRT -- Screening, Brief Intervention and Referral to Treatment. This Learner's Guide brings together the tools that health professionals need to screen adolescents for alcohol and other drug use; deliver effective brief interventions using motivational interviewing skills; refer and co-manage with other health professionals and specialists for adolescents with serious problems; and provide follow-up and recovery supports.

By studying this Learner's Guide, you will be able to use Screening, Brief Intervention and Referral to Treatment (SBIRT) to:

- Screen adolescents for alcohol and drug use with brief, valid questionnaires such as the CRAFFT, AUDIT-C, AUDIT, GAIN-SS, and S2BI;
- Deliver effective brief interventions informed by Motivational Interviewing using the Brief Negotiated Interview model;
- Link adolescents to medical, behavioral, or specialty treatment services as needed, and work with other health professionals in ongoing care coordination; and
- Provide follow-up and recovery supports to adolescents.

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***Learner's Guide to Adolescent SBIRT* is developed by NORC at the University of Chicago with support from the Conrad N. Hilton Foundation. Visit our website for more information and resources at: sbirt.webs.com**