

# Resources to Address Adolescent Substance Use

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## Manuals and Papers

- Trust for America's Health Report on "Reducing Teen Substance Misuse: What Really Works" - <http://healthyamericans.org/reports/youthsubstanceuse2015/>
- Proceedings from the Substance Misuse Working Group of the National Collaborative on Education and Health - <http://hospitalsbirt.webs.com/National%20Collaborative%20on%20Education%20and%20Health%20Substance%20Misuse%20Working%20Group%20Summary.docx>
- SAMHSA's National Registry of Evidence-based Programs and Practices (NREPP) - <http://www.samhsa.gov/nrepp>
- NIDA's Preventing Drug Use among Children and Adolescents ("Red Book") - [https://www.drugabuse.gov/sites/default/files/preventingdruguse\\_2.pdf](https://www.drugabuse.gov/sites/default/files/preventingdruguse_2.pdf)
- Blueprints for Healthy Youth Development Registry - <http://www.blueprintsprograms.com/>
- Department of Education's What Works Clearinghouse - <http://ies.ed.gov/ncee/wwc/>
- NIDA's Principles of Substance Abuse Prevention for Early Childhood - <https://www.drugabuse.gov/publications/principles-substance-abuse-prevention-early-childhood/index>
- Transforming Youth Recovery's "Closing The Gap: An examination of access to Best-In-Class evidence-based alcohol and other drug prevention programs for K-12 students" - <http://www.transformingyouthrecovery.org/resources/closing-gap-examination-access-best-class-evidence-based-alcohol-and-other-drug-prevention>
- Institute of Medicine's Discussion Paper on "Unleashing the Power of Prevention" - <http://nam.edu/wp-content/uploads/2015/06/DPPowerofPrevention.pdf>
- NIDA's "Principles of Drug Addiction Treatment: A Research-Based Guide" - <https://www.drugabuse.gov/publications/principles-drug-addiction-treatment-research-based-guide-third-edition/acknowledgments>
- Washington State Public Policy Institute Cost Benefit Analysis - <http://www.wsipp.wa.gov/BenefitCost>

## Evidence-based Programs

- Good Behavior Game (GBG) [Elementary School Program] – <http://goodbehaviorgame.org/>
- Life Skills Training (LST) Program [Middle School and High School Booster Program] – [http://www.lifeskillstraining.com/lst\\_middle.php](http://www.lifeskillstraining.com/lst_middle.php)
- The Strengthening Families Program (SFP): For Parents and Youth (Ages 10–14) [Middle School and High School] – <http://www.strengtheningfamiliesprogram.org/>