
August 11, 2015 | 3:00 pm ET / 2:00 pm CT

Conference Call Info: 712-432-0360 | Passcode: #426443

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Participants

Allisun O'Connell

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Laurel Hitchcock

Terri Lee

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Leigh Powers

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Venus Tsui

Fayette Keys

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Victoria A. Osborne

Tracy McPherson moderated the Learning Collaborative August monthly call. Discussion summaries of agenda items are listed below:

RFA Review Process

The RFA application period closed on July 22nd. The NORC team is currently reviewing the applications for Track A and Track B. If there are any questions or if clarification is needed, the SBIRT team will contact the applicants individually via email. Emails will be sent to the main point of contact listed on the application. If point of contact is not the correct person for the specific inquiry, contacts are asked to forward the emails to the correct person.

Additionally, as SAMHSA grant funding and other outside funding are awarded, applicants should contact the SBIRT Team notifying them of these changes to funding. As a reminder, schools receiving outside SBIRT funding are still eligible to participate in Track A without the \$2,000

funding. Track B applicants who are now receiving outside SBIRT funding may request to be considered for Track A.

Development of Interactive Patient Simulation Training (Kognito)

Allison O'Connell (Kognito) provided an update on the development of the interactive patient simulation. Kognito has finalized 2 of the 3 conversations for the adolescent SBIRT simulation training. The two conversations finalized are for Josh and Kayla. Josh is a friendly and comical teen who ends up in the emergency room with an ankle injury after jumping off of a roof at a party. The other conversation is for Kayla – a teen who comes into the clinic for a well visit and is not experiencing strong negative consequences for her alcohol use. Currently the Kognito team is working on the conversation for Emily which will take place in a school nurse/social work setting.

Overview of “Walk-Thru” Calls

Danielle Noriega provided an overview of the “walk-thru” calls that have been completed with Learning Collaborative members. NORC has completed 41 individual “walk-thrus.” These calls consisted of 21 social work schools, 16 nursing schools and four group calls with social work and nursing representatives. Nine out of the 41 calls were with programs that currently have or recently had grants to implement SBIRT. Some of the common themes from these calls included:

- The majority of participants named time and faculty responsibilities as the greatest barrier to adding more items and activities to the curricula.
- Substance use and adolescent education is often taught part of other general curricula rather than in topic specific courses or electives.
- Teaching motivational interviewing is more common than teaching SBIRT in current programs.
- More programs are in the beginning stages of SBIRT education implementation than having a full SBIRT education program in place.
- The most popular resources requested for the toolkit and website included: links to demonstration videos, pocket guides for students to take into the field, and an introduction to SBIRT presentation.

Learning Collaborative members on the call agreed that videos are useful in the classroom as many students are visual learners. Cathy Koetting of St. Louis University and Laurel Iverson Hitchcock from the University of Alabama at Birmingham noted that they use Twitter in their classes. Twitter is used for students to create public tweets using hashtags to have live chats. Anne Derouin of Duke also uses Twitter as well as Pinterest and social blogs in her classes. She explained that in Pinterest students create board on various SBIRT topics and pin resources to the boards. On this call, there was also a request for self-administered pocket guides with the SBIRT process that can be shared with clients. Pre and post-test evaluation examples would be useful as well.

Discussion: New Members to SBIRT Education

Tracy lead a discussion with Learning Collaborative members geared towards members new to SBIRT. Discussion questions were sent out to Learning Collaborative members via email prior to

the meeting. Because time was limited, the group was able to only cover the first question on motivation (a) during this call. Other questions may be discussion items on a future call.

a. What was your motivation for wanting to integrate SBIRT into your curriculum?

Based on discussion, many members were motivated by addressing substance use issues because it is an area that intersects with issues that all students will work with regardless of if they are in addiction facilities. Some members noted that substance use is a major issue in their university's community and wanted to address these issues through their program. Otrude Moyo of the University of Michigan – Flint specifically noted that her program has a substance use minor open to all students and wanted to expand efforts in substance use education. Doug Cary Smith of the University of Illinois at Urbana-Champaign added that his program has six different focuses in which SBIRT education is becoming a big part of the program's curricula.

b. What are some challenges/barriers that you have come across? What have you done/plan to do to address these challenges/barriers?

c. What are your first steps to incorporating SBIRT into your program?

Upcoming Needs Assessment

The SBIRT Team will send an email announcement with a needs assessment survey to the Learning Collaborative members to complete a survey geared towards faculty, students, and field supervisors. This survey will help the SBIRT Team better understand the current landscape and needs of the schools of nursing and social work. Because the sampling method will be snowball, Learning Collaborative members are encouraged to forward the survey to colleagues and students.

On Call Learning: CRAFFT Tool

Tracy provided an "On Call Learning" presentation on the CRAFFT Tool which is a validated screening tool for use with adolescents. It provides an evidence-based algorithm to determine risk and need for additional assessment or services. The CRAFFT consists of:

- Part A: 3 prescreening questions and
- Part B: 6 items
- Scoring algorithm

A positive CRAFFT means the adolescent should be assessed for alcohol/drug abuse or dependence. The presentation was sent out to LC members prior to the meeting and is also posted online.

Next Call: Tuesday, September 8, 2015

UPCOMING WEBINARS, RESOURCES, AND CONFERENCES

For complete list of resources on [website](#).

Webinars On Demand

- **Implementing SBIRT in Health Centers: Examples from the Field**
Free webinar produced in partnership with NAADAC, National SBIRT ATTC, NORC, National Council, and SAMHSA
<http://hospitalsbirt.webs.com/health-centers-sbirt>
- **SBIRT: A Brief Clinical Training for Adolescent Providers**
Free webinar produced in partnership with NAADAC, National SBIRT ATTC, NORC, National Council, and SAMHSA
<http://hospitalsbirt.webs.com/adolescent-providers>
- **Innovations in Screening, Brief Intervention & Substance Use Education for Health Professionals Webinar:** The webinar recording and powerpoint slides are located on the project website under “Archived Webinars” at <http://sbirt.webs.com/resources>
- **National SBIRT ATTC Adolescent SBIRT On-Demand course:** <http://ireta.org/sbirt-for-adolescents/>
- **SBIRT on dentistry:**
<https://www.thedatabank.com/dpg/423/personal2.asp?formid=meetb&c=7891436>
- **Webinars and resources on IRETA:** <http://my.ireta.org/webinarlibrary-mobile>

Scheduled Webinars

- **Integrating SBI for Alcohol and Other Drugs into Behavioral Health Settings Serving College Students:** August 19, 2015
<http://hospitalsbirt.webs.com/college-students-sbirt>
- **Seeding and Implementing Systems Change Efforts to Improve the Lives of Youth: Conrad N. Hilton Foundation’s Youth Substance Use Prevention and Early Intervention Initiative:** September 16, 2015
http://ireta.org/improve-practice/addiction-professionals/webinars/?utm_source=iContact&utm_medium=email&utm_campaign=IRETA&utm_content=

SBIRT Related Conferences 2015

- **INEBRIA: International Network on Brief Interventions for Alcohol and Other Drugs:** September 24-25, 2015. Atlanta, GA:
<https://gallery.mailchimp.com/403e360b4baa73011ce2a15e7/files/INEBRIA.pdf>

- **CSWE 61st Annual Program Meeting:** October 15-18, 2015. Denver, CO:
<http://cswe.org/Meetings/2015APM/77152.aspx>

FUTURE MEETINGS

Monthly Meetings

As scheduled below, Learning Collaborative calls will occur on the second Tuesday of each month from 3:00 PM – 4:00 PM EST.

Learning Collaborative Schedule for 2015

- September 8, 2015
- October 13, 2015
- November 10, 2015