Screening: Using the **CRAFFT Adolescent Screening Tool**

Based on "SBIRT: A Brief Clinical Training for Adolescent Providers", March 18, 2015 webinar by Brett Harris, DrPH and Shirley Destafeno (New York SBIRT). Hosted by: NORC, BIG INITIATIVE, NATIONAL SBIRT ATTC, NAADAC

August 11, 2015

2015 SBIRT Webinars Live and On-Demand



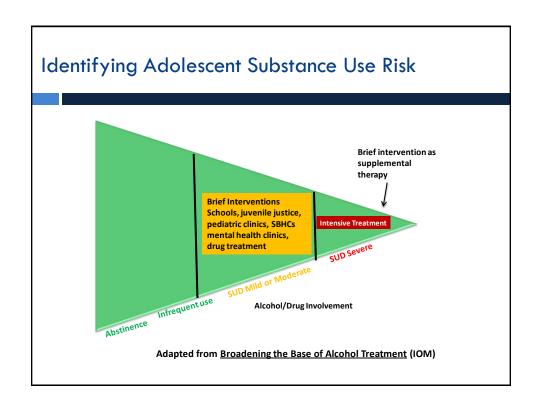
- □ 7/22/15 Drugs are a Local Phenomenon for LGBTQ Populations: Implications for SBIRT
- 8/19/15 Integrating SBI for Alcohol & Other

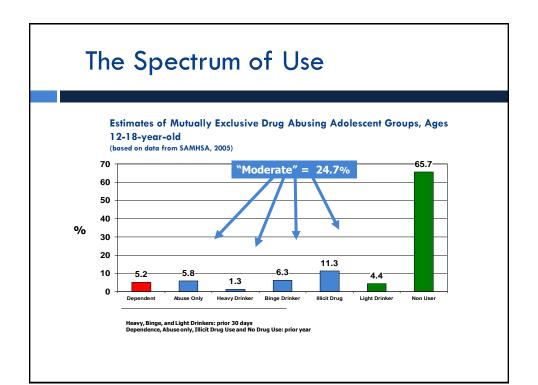
- 2/18/15 Implementing SBIRT in Health Centers: Examples from the Field
 - 3/18/15 SBIRT: A Brief Clinical Training for **Adolescent Providers**
- 4/15/15 All About SBIRT for Teens
- 4/29/15 Understanding the Affordable Care Act (ACA) and SBIRT
- = 5/13/15 SBI in Primary Care and Senior CareFacilities for Older Adults at Risk for Possible Substance Use Disorders and/or Depression
- 6/10/15 A Military Culture Approach to SBIRT for Veterans & Active Duty Personnel
- **Drugs in Behavioral Health Settings Serving College Students**

SBIRT Core Clinical Components

An evidence-based prevention and early intervention model to address the full spectrum of substance use

- <u>Screening</u>: Universal screening using a standardized tool for quickly assessing use and severity of alcohol, illicit drugs, and prescription drug abuse (CRAFFT, S2BI, GAIN-SS)
- □ <u>Brief Intervention</u>: A brief motivational and awareness-raising intervention given to risky or problematic substance users based on screening score
- Brief Treatment: Additional sessions of brief intervention emphasizing motivation to change and client empowerment provided to moderate to high risk users
- Referral to Ireatment: Referrals to specialty care for patients with substance use disorders





CRAFFT Screening Tool

- The CRAFFT is a validated screening tool for use with adolescents
- Provides an evidence-based algorithm to determine risk and need for additional assessment or services
- Because it screens for both alcohol and other drug problems simultaneously, it is especially handy for practitioners
- CRAFFT consists of
 - ✓ Part A: 3 prescreening questions and
 - ✓ Part B: 6 items
 - ✓ Scoring Algorithm
- A positive CRAFFT means the adolescent should be assessed for alcohol/drug abuse or dependence

-	uring the PAST 12 MONTHS, did you:	lo		Yes	
1	Drink any alcohol (more than a few sips)?	_ □\	If you answered) 🗓	It y
2	. Smoke any <u>marijuana or hashish</u> ?	٦Ы.	NO to ALL (A1, A2, A3)		YES AN (A1 to
3	. Use anything else to get high?	⊐J	answer only B1 below, then STOP,	□□J	ansi B1 to belo
	"anything else" includes illegal drugs, over the counter and prescription drugs, and things that you snift or "hulf"	_			—
	Part B . Have you ever ridden in a CAR driven by someone (including yourself) who was "high" or had been using alcohol or drugs?		No	Yes	┦.
84	(including yourself) who was "high" or had been				
2	. Do you ever use alcohol or drugs to RELAX, feel better about yourself, or fit in?				355
3	. Do you ever use alcohol or drugs while you are by yourself, or ALONE?				
4	. Do you ever FORGET things you did while using alcohol or drugs?				84
	. Do your FAMILY or FRIENDS ever tell you that you	I.			2
5	should cut down on your drinking or drug use?				

CRAFFT Part A: 3 Opening Questions

During the Past 12 months, did you:

- 1. Drink any alcohol (more than a few sips)?
- 2. Smoke any marijuana or hashish?
- 3. Use <u>anything else</u> to <u>get high</u>? ("Anything else" includes illegal drugs, over the counter and prescription drugs, and things that you sniff or "huff".)

If students answer:

- •NO to all, Ask the CAR question in Part B, then \$TOP.
- •YES to ANY, ask all of Part B.

CRAFFT Part B: 6 Questions

- C Have you ever ridden in a CAR driven by someone (including yourself) who was "high" or had been using alcohol or drugs?
- 2. R Do you ever use alcohol or drugs to RELAX, feel better about yourself, or fit in?
- A Do you ever use alcohol or drugs while you are by yourself, or ALONE?
- 4. F Do you ever FORGET things you did while using alcohol or drugs?
- 5. F Do your FAMILY or FRIENDS ever tell you that you should cut-down on your drinking or drug use?
- 6. T Have you ever gotten into TROUBLE while you were using alcohol or drugs?

CRAFFT Scoring

Each "Yes" is added to produce the screening score

- CRAFFT Scores of 0 or 1: "Low Risk"
 - Provide positive feedback, brief advice and encouragement
- CRAFFT Scores 2-6: "High Risk"
 - Assess for acute danger/signs of SUD
 - Provide brief intervention; consider referral to treatment (RT)
- CRAFFT Scores 5-6: "Very High Risk"
 - Assess for acute danger/signs of SUD
 - Provide brief intervention with goal of acceptance of referral to treatment