

Adolescent SBIRT Learning Collaborative Conference Call
Tuesday, June 16, 2015

Dear Colleagues,

I am pleased to have been invited to share some of our experiences and plans related to the integration of Screening, Brief Intervention, and Referral to Treatment (SBIRT) into the curriculum here at the University of Michigan School of Nursing.

By way of introduction

- Clinical Associate Professor, University of Michigan School of Nursing, and the Department of Psychiatry
- Board-certified, psychiatric, addictions nursing; in these specialty areas for 30 and 20 years, respectively
- First Clinical Director, University of Michigan Addiction Treatment Services (UMATS), 2006 – 2010
- President-Elect, International Nurses Society on Addictions (IntNSA) www.intnsa.org
- Dedicated faculty appointment since October, 2012
- Specialty Lead, Psychiatric-Mental Health Nursing
- Teach at undergraduate (traditional and second career), graduate, and doctoral levels (PhD and DNP)
- Faculty of Record, NURS 358: Mental Health and Illness across the Lifespan
- Member, Curriculum Committee
- Recipient, 25th Annual University of Michigan Golden Apple Award and Lecture, 2015
<http://www.nursing.umich.edu/about-our-school/news-portal/201504/4401>

During our discussion, I may refer to three related publications, with the understanding that these have now been added to resources available to each of you in conjunction with this initiative.

- Strobbe, S. (2013). Addressing substance use in primary care. *Nurse Practitioner*, 38(10), 45-54.
- Strobbe, S. (2014). [Special issue: Screening and prevention in primary care]. Prevention and screening, brief intervention, and referral to treatment for substance use in primary care. *Primary Care: Clinics in Office Practice*, 41(2), 185-213.
- Strobbe, S., Thompson, S. M., & Zucker, R. A. (2013). [Special issue: Interdisciplinary collaboration in addiction education]. Teaching college students about Alcoholics Anonymous: An experiential approach. *Journal of Addictions Nursing*, 24(1), 51-57.

SBIRT Curriculum Content and Related Activities

- University of Michigan School of Nursing (UMSN), <http://nursing.umich.edu>
 - Invited Lecturer
 - Undergraduate Course
 - NURS 230: Health Promotion across the Lifespan
 - See Strobbe (2013), Addressing Substance Use in Primary Care
 - Prevalence
 - Conceptual Models of Addiction
 - Screening, Brief Intervention, and Referral to Treatment (SBIRT)

- New, state-of-the-art Clinical Learning Center (CLC), to open at UMSN in Fall 2015
 - Materials from Adolescent SBIRT Learning Collaborative will be integrated fully into course and clinical curriculum (Winter 2016)
 - In the interim, will create and integrate SBIRT clinical simulation using SAMHSA online course, and develop related activities
 - Delivered in the context of clinical groups (n=8 students)
 - Case studies
 - Interactive SBIRT practice sessions
 - Debriefing
- SBIRT at the University of Michigan Health System (UMHS)
 - Evaluating, revising, creating clinical guidelines for inpatient alcohol withdrawal protocol
 - Striving to integrate universal screening into electronic health record, admission, treatment, referral, and discharge processes
- SBIRT in Primary Care and the Community
 - See Strobbe (2014), Prevention and Screening, Brief Intervention, and Referral to Treatment for Substance Use in Primary Care
 - Invited consultations, workshops, and lectures to interprofessional healthcare providers on SBIRT
 - MidMichigan Health System, a consortium of regional primary care clinicians
 - Physicians, nurses, social workers, pharmacists, counselors, law-enforcement

Thanks for the opportunity to share this with other members of the Adolescent SBIRT Learning Collaborative. If you have any related questions or comments, then please feel free to call or write!

Sincerely,
Stephen

Leading the way.