

Integrating Adolescent SBIRT Education into Health Professional Training: Findings from A National Effort to Prepare the Next Workforce

Questions from Participants and Answers from the Presenter

Q: Could you please provide sources for the slide pertaining to Risk Factors for Substance Use with Young Adults and Teens?

A: Yes, see below:

- Family History: Golman D, Oroszi G, Ducci, F. The genetics of addictions: Uncovering the genes. *Nat Review Genet* 2005;6:521-32.
- Use of Other Substances: Kessler RC, Crum RM, Warner LA et al. Lifetime co-occurrence of DSM-III-R alcohol abuse and dependence with other psychiatric disorders in the national comorbidity study. *Arch Gen Psychiatry* 1997;54:313-21
- Earlier Onset of Use: CESAR. (2010). Adults who initiate alcohol use before age 21 more likely to abuse or become dependent on alcohol. *Cesar Fax*, 19940), 1. Retrieved from <http://www.cesar.umd.edu/cesar/cesarfax/vol19/19-40.pdf>
- Presence of Mental Health Disorder: Kessler RC, The epidemiology of dual diagnosis. *Biol Psychiatry* 20014;56:730-7.

Q: I am interested in incorporating SBIRT into a college health setting for students who use electronic cigarettes. Do you know of any programs where SBIRT has been used for this problem? My institution provides SBIRT training.

A: One example of a college health setting that has integrated SBIRT to address the use of a range of substances includes the University of Albany. Dr. Dolores Cimini, a New York State licensed psychologist and the Assistant Director for Prevention and Program Evaluation at the University of Albany Counseling Center presented a webinar on their program which is available on-demand. You can access it 24/7 and at no cost here: <https://hospitalsbirt.webs.com/college-students-sbirt>. In addition, with the recent revisions to the CRAFFT (specifically CRAFFT-N 2.1) routine screening for nicotine use including vaping and e-cigarette use can be embedded into medical and behavioral health services provided in college health settings. For more information on the revised versions of the CRAFFT, we suggest this on-demand webinar <https://sbirt.webs.com/adolescent-screening>.