

# Adolescent SBIRT Curriculum

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### What are the available components of the curriculum?

The Adolescent SBIRT Curriculum contains:

1. **Instructor's Toolkit:**
  - a. **Adolescent SBIRT Learner's Guide for Instructors** with five modules of about Screening, Brief Intervention using Motivational Interviewing Skills, and Referral to Treatment for youth ages 12 through 21. The Learner's Guide contains didactic information about the evidence-based practice as well as model practitioner-adolescent interactions and role plays.
  - b. **Power Point Slide Deck** is intended to be used as a visual aid to accompany the materials taught from in the Learner's Guide.
  - c. **Suggested Readings** provide supplemental resources to support learning SBIRT.
  - d. **Sample Syllabus** offers a model overview of curriculum materials for students which can be adapted for a range of courses.
  - e. **Evaluation Measures** offer survey measures that can be used as part of a pretest and posttest evaluation of the complete curriculum (i.e., both the Learner's Guide and simulation program). Measures can be used alone or in combination with other measures (e.g., additional knowledge items or quizzes).
2. **Kognito's SBI with Adolescents Simulation Program** is a conversation simulation designed to prepare health professionals to screen youth for substance use, conduct brief interventions using evidence-based principles of motivational interviewing, and, when necessary, refer to further support. This simulation helps students and practitioners learn basic facts about adolescent substance use, as well as techniques to screen and conduct brief interventions to drive positive change in health behaviors.

### How do I access the Learner's Guide?

You can request a digital copy of the Learner's Guide at no cost by entering your contact information into the electronic form [here](#). The file will be delivered to the email address that you enter into the

typeform. Because we are tracking requests as part of our evaluation of the project, if colleagues are interested in receiving the slide deck please direct them to the electronic form to make their request.

If you wish to order a hardcopy of the guide, please complete an order form [here](#). Please send the completed form to [SBIRTeam@norc.org](mailto:SBIRTeam@norc.org) and cc [esap1234@gmail.com](mailto:esap1234@gmail.com). Members of the Learning Collaborative can request one free hardcopy of the guide and will pay for shipping costs. Non-members can request a hardcopy version which will be provided “at-cost” of printing plus shipping costs. Please email the addresses mentioned above for more information about pricing.

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## When should we expect to hear back after requesting the Learner’s Guide or slide deck?

It typically takes 1-2 business days to respond to your request but it may take up to 3 business days.

## I submitted my request over 3 business days ago. What should I do?

It is likely that the file size is too large and thus the email did not reach you. Send an email to [SBIRTeam@norc.org](mailto:SBIRTeam@norc.org) and cc: [esap1234@gmail.com](mailto:esap1234@gmail.com). We will arrange to send the files through a different mechanism (e.g., Dropbox).

## How do I access the supplemental readings?

Each module of the Learner’s Guide contains three to five suggested readings that correspond with and provide additional context for each module. The [curriculum webpage](#) contains hyperlinks to the resources that are publically available. Some of the copyrighted articles will need to be accessed through your university’s library.

## How do I access the syllabus?

The sample syllabus can be freely downloaded from the curriculum webpage [here](#).

## How do I make suggestions about revisions/additions to the curriculum?

Periodically, the materials contained in the adolescent SBIRT curriculum will be updated. If you have suggestions about additional resources to add or revisions to be made, please feel free to email them to [SBIRTeam@norc.org](mailto:SBIRTeam@norc.org) with “Suggested Revision to SBIRT curriculum” in the subject line. We appreciate your feedback.