



HILTON COMMUNITY FOR HEALTHY YOUTH



RESOURCES FOR TALKING TO YOUTH ABOUT MARIJUANA

1. [Good to Know Colorado](#) has a variety of resources to help parents, adults, caregivers and others speak with the young people in their life about marijuana use. Includes infographics, downloadable pdfs, facts, health effects of use, legal consequences, conversation tips for parents, and conversation tips for teachers and coaches.
2. The Partnership for Drug-Free Kid's [Marijuana Talk Kit: What You Need to Know to Talk With Your Kids About Marijuana](#) is a comprehensive guide that addresses the new challenges families face with their teens around the topic of marijuana, and equips parents with the tools they need to have productive conversations with their kids about the drug.
3. University of Massachusetts Medical School's brief brochure [Wake Up to the Risks of Marijuana](#), a guide for parents, provides brief information on marijuana facts, what parents can do to keep their children away from marijuana, and how to respond to typical statements about marijuana.
4. The National Institute of Drug Abuse offers two short booklets for parents and children to review the scientific facts on marijuana (1) [Marijuana: Facts Parents Need to Know](#), and (2) [Marijuana: Facts for Teens](#), as well as FAQ's about marijuana, starting the conversation and communicating the risks of marijuana to teens.
5. The National Council on Alcoholism and Drug Dependence provides information for families and friends on [Talking with Children](#) to learn the key role of parents in beginning the conversation about alcohol and drug abuse.
6. [College Parents Matters.org](#) is a website founded by The Maryland Collaborate to equip parents with college-attending children with tools and resources that will help parents to better engage in effective communication with their child about alcohol and drugs.
7. [Teen-Safe.org](#) developed by the Center for Adolescent Substance Abuse Research at Boston Children's Hospital is a brief Web-course for parents of adolescents which provides the latest science and true-life stories to parents to promote their understanding of the health and psychosocial risks of adolescent alcohol and drug use, and gives parents evidence-based strategies for adolescent substance abuse prevention.
8. The Massachusetts Department of Public Health Bureau of Substance Abuse Services offers advice to parents on preparing young children for a drug-free future in the booklet [Preparing Your Young Children for a Healthy, Drug-free Future](#).
9. [Above the Influence](#) is an interactive website for teens offering videos and valuable insights on staying drug free, handling peer pressure, doctor Q&A, and advice from teens for teens on behalf of the National Youth Anti-Drug Media Campaign.