

# NORC Integrating Adolescent Substance Abuse Screening, Brief Intervention, Referral and Treatment (SBIRT) Throughout Social Work and Nursing Education

Contact:

Tracy McPherson, PhD  
Principal Investigator  
Senior Research Scientist  
Public Health  
NORC at the University of Chicago  
[www.norc.org](http://www.norc.org)

[SBIRTeam@norc.org](mailto:SBIRTeam@norc.org)

## About This Project

SBIRT is a comprehensive, integrated, public health approach to the delivery of early intervention, treatment, and ongoing recovery supports for persons with risky and/or dependent alcohol use.

**Screening** quickly assesses for the presence of risky substance use, follows positive screens with further assessment of problem use, and identifies the appropriate level of treatment.

**Brief Intervention** focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change.

**Referral to Treatment** provides those identified as needing more extensive treatment with access to further evaluation, medications, primary care, counseling, or specialty care as needed.

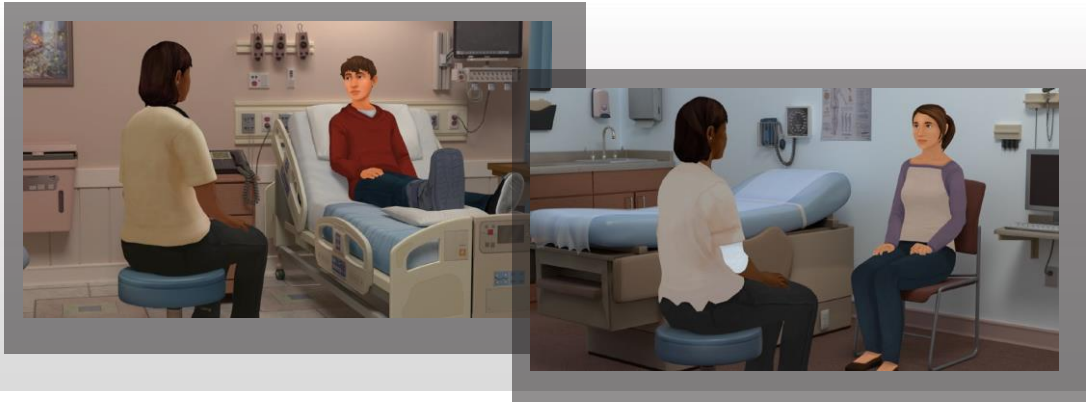
**NORC at the University of Chicago** has partnered with digital technology company Kognito, the American Association of Colleges of Nursing (AACN), Council on Social Work Education (CSWE), and the Center for Clinical Social Work to engage nursing and social work schools in a learning collaborative funded by the **Conrad N. Hilton Foundation** to develop and evaluate interactive, competency-based substance use Screening, Brief Intervention, and Referral to Treatment (SBIRT) curriculum.

Through this grant, NORC facilitates a learning collaborative focused on encouraging the adoption of SBIRT by social work and nursing educators, preceptors, field instructors and supervisors. The learning collaborative works to infuse this curriculum in a variety of coursework (e.g., general survey, clinical, behavioral health, maternal and child health, health and wellness) not just specialty courses in undergraduate and graduate social work and nursing schools.

For more information or to participate in the project, contact [SBIRTeam@norc.org](mailto:SBIRTeam@norc.org) and visit <http://sbirt.webs.com>.



## SBI with ADOLESCENTS



**SBI with Adolescents** is a new interactive role-play simulation designed to prepare health professionals to screen young patients for substance use, conduct brief interventions using evidence-based principles of motivational interviewing, and, when necessary, refer patients to further support.

### LEARNING OBJECTIVES

1. Screen patients using evidence-based tools
2. Conduct brief interventions using motivational interviewing to build patients' trust and motivation to make lifestyle changes
3. Make collaborative action plans with patients
4. Refer patients to treatment service and follow up on referrals

### SIMULATION FEATURES

- Assessment feature: users receive a score and detailed feedback on their performance
- Available online 24/7
- Evaluation services: Kognito can provide program administrators with detailed usage reports and include customized baseline and follow-up surveys
- Awards 2.0 ANCC CNE credits for nurses and 2.0 NASW credits for social workers\*
- Customizable resources – Include local information for referrals, billing codes, screening tools, or added content



#### Practice Conversation 1: Josh

*Setting:* Hospital ED

*Condition:* Ankle ligament injury

*Remarks:* Jumped off roof into hot tub

*Screening results:* High-risk/weekly use alcohol



#### Practice Conversation 2: Emily

*Setting:* School nurse/social worker office

*Condition:* Decreased attention

*Remarks:* Referred by teacher

*Screening results:* High risk/weekly use marijuana



#### Assessment Conversation: Kayla

*Setting:* Primary care

*Condition:* Annual well visit

*Remarks:* None

*Screening results:* Moderate risk/monthly use alcohol

For more information, please visit [www.kognito.com](http://www.kognito.com) or contact us:

(212) 675-9234  
SBIRT@kognito.com