
February 9, 2015 | 3:00 pm ET / 2:00 pm CT

Conference Call Info: 712-432-0360 | **Passcode:** 426443#

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NORC Participants:

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Participants

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|------------------------|------------------------|
| Terri Lee | Catherine R. Gayle |
| Cyrille Adam (Kognito) | Emma Dundon |
| Suzanne Hardeman | Ian Holloway |
| Theresa Thao Pham | Rita Brown |
| Randy M. Gordon | Charles Syms |
| Carrie W. Rishel | Cathy Koetting |
| Stephen Strobbe | Julie Fitzgerald |
| Janice M. Davis | Stephanie Sarabia |
| Sheri Boyle | Valire Carr Copeland |
| Stella M. Resko | Heather Gotham |
| Margo Minnich | Rosemary Alamo |
| Pamela Lusk | Gwenelle Styles O'Neal |
| Anita Prewett | |

Tracy McPherson moderated this monthly call. Summaries of agenda items are listed below:

Track A and Track B Updates

The schools who are participating in Track A and Track B have started planning and/or implementing their programs. There are eleven programs participating in the Track A evaluation. These schools were randomly assigned to an implementation or delayed control group. They are only piloting the Kognito online simulation at this point and will integrate the curriculum later after the piloting phase is over. The implementation group has begun pre-tests and piloting of the program for 3 weeks. Once their period is over, students will take a post-test and then the delayed control group will have access. At first glance, we have a large sample size for those who are doing implementation currently which shows that the participating schools have taken a great initiative to reach out to get students involved. The timeframe for Track A is January 2016 through May 2016.

Track B is the full implementation with the simulation and curriculum to take place January 2016 through September 2017. Twelve schools are participating in this track and are in the early stages of their programs. Each one has proposed a different implementation plan. Their next steps will be to meet with NORC to have follow-up calls to see how things are going since kick-off in January.

Throughout both Track A and Track B periods, participating schools will provide updates and lessons learned during the monthly Learning Collaborative calls so that others may learn from what they are doing. NORC would like to facilitate information sharing so that people may learn from each other and offer insight. Even schools who are not participating in Track A or Track B but implementing SBIRT in some form into their programs are encouraged to provide update on these calls. If anyone would like to put aside some monthly call agenda time to present their program or initiative, please email SBIRTeam@norc.org.

On the January call, NORC noted that they may release a second request for applications (RFA) which several Learning Collaborative members were interested in especially if it included training the current workforce. NORC is considering the feedback from members and looking into what the second round of funding will look like. They will share more details on a future call.

Adolescent SBIRT Curriculum

The Adolescent SBIRT curriculum is now available and posted on the website at <http://sbirt.webs.com/curriculum>. On this page, members can find information for how to order both electronic and hardcopies of the Learner's Guide, slide decks, and an informational flyer for the *SBI with Adolescents* simulation program. NORC sent an announcement to the Learning Collaborative listserv on Friday, January 22nd, 2016. Learning Collaborative members are eligible to receive a free hardcopy of the learner's guide but would just have to pay shipping. If members would like a second copy, they would have to cover the costs of printing and shipping. The order forms for the hardcopy versions of the guide as well as the electronic versions are on the curriculum page. The response time for the electronic versions from time of request is typically 24-48 hours. If members submitted a request but have not heard back in over 48 hours, it is likely that the file size is too large and thus the email was not delivered in the inbox. Send an email to SBIRTeam@norc.org and cc: esap1234@gmail.com so that the team can arrange to send the files through a different mechanism (e.g., Dropbox).

Currently the slide deck to compliment the Learner's Guide is also available upon request. It is comprehensive so that instructors have all of the information and can cut down if needed. On the call, several members voiced interest in having 1 to 2 hour versions of the slide deck that way it can be used in more concise trainings such as faculty trainings. A half day comprehensive version would also be useful to train faculty and practitioners in the field.

Cyrille Adam of Kognito provided an overview of the *SBI with Adolescents* program. It was officially launched in January 2016 and is now available for license. Kognito collaborated with NORC and other subject matter experts to create the simulation program. Through the program, learners will conduct brief interventions using motivational interviewing skills, screening and practice referral to treatment. There are two practice simulations where learners will receive feedback as they go through. The third scenario is an assessment. Instructors will receive reports from the assessment as well as student usage. Currently the program is being implemented in a number of schools including the Track A and Track B schools. The feedback thus far has been very positive. Instructors are noting that students are enjoying the program. Kognito has also seen through the usage reports that students are even completing the practice scenarios multiple times to improve.

Initial Reactions to Learner's Guide and Curriculum Web Page

Valire Copeland (University of Pittsburgh) noted that her social work program is in the planning stages of integrating the curriculum but have been doing some faculty development and training. One of the Pittsburgh faculty who is using it now said that the simulation is easy to use and she is excited to put it into full implementation in her course. Pam Lusk (University of Arizona) is piloting it in one of her classes and has heard from students that they really like the program and that the time it takes to complete is doable within their coursework. Stephen Strobbe (University of Michigan) echoed the positive reviews as some of his clinical faculty has used it and like it. It will be widely administered to their undergraduate nursing students as part of clinical simulation. Rita Brown (West Virginia State University) has started to administer the simulation to her students and also created a small questionnaire to get their feedback on it so she will be able to share that data when they have completed the questionnaires.

Upcoming Webinars and Conferences

There are several upcoming webinars that Learning Collaborative members are encouraged to attend as well as the National Council on Behavioral Health Conference which will have a half-day SBIRT training.

1. *Integrating Adolescent Substance Abuse Screening, Brief Intervention and Treatment throughout Nursing, Social Work, and Inter-professional Education*: February 17, 2016 at 3:00 PM EST.

This webinar will focus on the value of integrating SBIRT with adolescents into nursing, social work, and inter-professional education and share ideas for integrating content and new learning resources into baccalaureate and graduate level curriculum. NORC at the University of Chicago has been funded by the Conrad N. Hilton foundation to increase education and training opportunities in adolescent SBIRT within undergraduate and graduate social work and nursing programs. Presenters are Dr. Tracy McPherson and Cyrille Adam. For more details and to register visit: <http://hospitalsbirt.webs.com/adolescent-sbirt>

2. *Shaping Up Your Motivational Interviewing Skills*: Kate Speck: February 24, 2016 from 1:00 EST.

School counselors, probation officers, social workers, physicians, and of course, addiction counselors are all using Motivational Interviewing as part of SBIRT implementation to promote positive change. This webinar is for any professional who wants to move their MI skills beyond the basics. Presenter Kate Speck, a member of the National SBIRT ATTC Trainers Registry and the Motivational Interviewing Network of Trainers (MINT) since 2000, will review strategies to address ambivalence about change, respond to goal conflicts, and evoke change talk. She will help you recognize when you're becoming "stuck" when using Motivational Interviewing—and what to do about it. <http://ireta.org/improve-practice/addiction-professionals/webinars/>

3. *Talking with Teens about Marijuana Use Webinar*: March 3, 2016 at 3:00 PM EST.

Please join the Monitoring, Evaluation, and Learning project team at Abt Associates for a webinar on "Talking with Youth about Marijuana: Know the Facts", featuring Sion Harris, PhD, CPH. Dr. Harris is an Assistant Professor of Pediatrics at Harvard Medical School and Co-Director, with Dr. John Rogers Knight, Jr., of the Boston Children's Hospital Center for Adolescent Substance Abuse Research (CeASAR). According to the most recent National

Youth Behavior Risk Survey, 40.7 percent of 9th – 12th grade students have ever used marijuana, with 23.4 percent reporting current use. As marijuana is legalized in a growing number of states for medical and recreational use, it is important to provide parents and youth-serving professionals accurate information about the risks of use and talking points for engaging teens in conversations about marijuana. During this webinar for the Hilton Foundation's Youth Substance Use Prevention grantees, Dr. Harris will discuss current trends in adolescent marijuana use, share the short- and long-term consequences of use on health and development, and review special considerations when screening youth and providing brief interventions for marijuana. To register visit:

<https://attendeegotowebinar.com/register/8341832363822235394>

4. *Reducing Teen Substance Misuse: What Really Works:* March 9, 2016 at 3:00 PM EST

Free webinar presented by Anne Ekedahl De Biasi, MHA, who is the Director of Policy Development at the Trust for America's Health (TFAH), a non-profit, non-partisan organization dedicated to saving lives by protecting the health of every community and working to make disease prevention a national priority. To register, visit: <http://hospitalsbirt.webs.com/teen-substance-misuse>

5. *Save The Date - An Overview of the Adolescent SBIRT Learner's Guide and Resources Webinar:* March 17, 2016 at 1:00 PM EST.

Conference

National Council on Behavioral Health Conference: March 7-9, 2016. Las Vegas, NV: Early Bird Registration ends January 29, 2016. Program available at:

http://www.thenationalcouncil.org/wp-content/uploads/2015/10/NatCon16_Preliminary_program_web.pdf

Half Day Pre-Conference "Moving Upstream with SBIRT" on March 6, 2016 (1-5pm)
<http://www.thenationalcouncil.org/events-and-training/conference/preconference-universities/>

Next Call

Tuesday, March 8, 2016 3 PM – 4 PM ET, Dial: 712-432-0360 Code 426443