

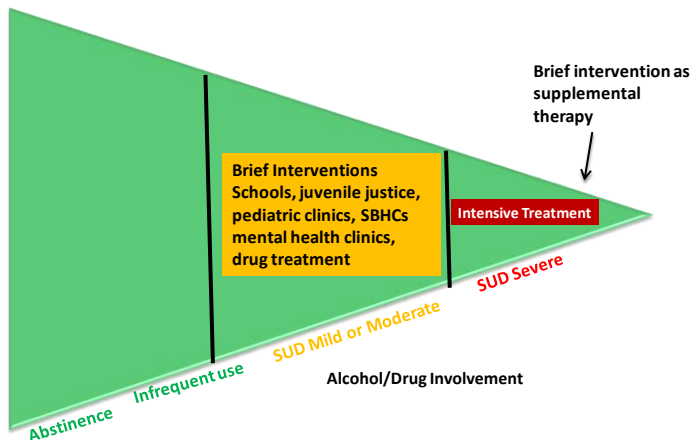
SBIRT Core Clinical Components

An evidence-based prevention and early intervention model to address the full spectrum of substance use

- **Screening:** Universal screening using a standardized tool for quickly assessing use and severity of alcohol, illicit drugs, and prescription drug abuse (CRAFT, S2BI, GAIN-SS)
- **Brief Intervention:** A brief motivational and awareness-raising intervention given to risky or problematic substance users based on screening score
- **Brief Treatment:** Additional sessions of brief intervention emphasizing motivation to change and client empowerment provided to moderate to high risk users
- **Referral to Treatment:** Referrals to specialty care for patients with substance use disorders



Identifying Adolescent Substance Use Risk

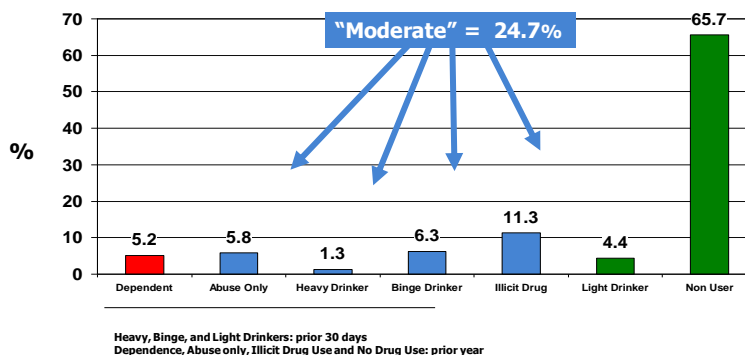


Adapted from Broadening the Base of Alcohol Treatment (IOM)

The Spectrum of Use

Estimates of Mutually Exclusive Drug Abusing Adolescent Groups, Ages 12-18-year-old

(based on data from SAMHSA, 2005)



CRAFFT Screening Tool

- The CRAFFT is a validated screening tool for use with adolescents
- Provides an evidence-based algorithm to determine risk and need for additional assessment or services
- Because it screens for both alcohol and other drug problems simultaneously, it is especially handy for practitioners
- CRAFFT consists of
 - ✓ Part A: 3 prescreening questions and
 - ✓ Part B: 6 items
 - ✓ Scoring Algorithm
- A positive CRAFFT means the adolescent should be assessed for alcohol/drug abuse or dependence

The CRAFFT Screening Questions

Please answer all questions honestly; your answers will be kept confidential.

Part A

During the PAST 12 MONTHS, did you:

	No	Yes
1. Drink any <u>alcohol</u> (more than a few sips)?	<input type="checkbox"/>	<input type="checkbox"/>
2. Smoke any <u>marijuana or hashish</u> ?	<input type="checkbox"/>	<input type="checkbox"/>
3. Use <u>anything else</u> to get high?	<input type="checkbox"/>	<input type="checkbox"/>

"anything else" includes illegal drugs, over the counter and prescription drugs, and things that you sniff or "huff"

If you answered **NO** to **ALL** (A1, A2, A3) answer **only B1** below, then **STOP**.

If you answered **YES** to **ANY** (A1 to A3), answer **B1** to **B6** below.

Part B

	No	Yes
1. Have you ever ridden in a CAR driven by someone (including yourself) who was "high" or had been using alcohol or drugs?	<input type="checkbox"/>	<input type="checkbox"/>
2. Do you ever use alcohol or drugs to RELAX, feel better about yourself, or fit in?	<input type="checkbox"/>	<input type="checkbox"/>
3. Do you ever use alcohol or drugs while you are by yourself, or ALONE?	<input type="checkbox"/>	<input type="checkbox"/>
4. Do you ever FORGET things you did while using alcohol or drugs?	<input type="checkbox"/>	<input type="checkbox"/>
5. Do your FAMILY or FRIENDS ever tell you that you should cut down on your drinking or drug use?	<input type="checkbox"/>	<input type="checkbox"/>
6. Have you ever gotten into TROUBLE while you were using alcohol or drugs?	<input type="checkbox"/>	<input type="checkbox"/>

CONFIDENTIALITY NOTICE:
The information on this page may be protected by special federal confidentiality rules (42 CFR Part 2), which prohibit disclosure of this information unless authorized by specific written consent. A general authorization for release of medical information is NOT sufficient.

© Children's Hospital Boston, 2009.
Reproduced with permission from the Center for Adolescent Substance Abuse Research, CeASAR, Children's Hospital Boston.
CRAFFT Reproduction produced with support from the Massachusetts Behavioral Health Partnership.

CRAFFT Part A: 3 Opening Questions

During the Past 12 months, did you:

1. Drink any alcohol (more than a few sips)?
2. Smoke any marijuana or hashish?
3. Use anything else to get high? ("Anything else" includes illegal drugs, over the counter and prescription drugs, and things that you sniff or "huff".)

If students answer:

- **NO** to all, Ask the CAR question in Part B, then **STOP**.
- **YES** to ANY, ask all of Part B.

CRAFFT Part B: 6 Questions

1. **C** - Have you ever ridden in a **CAR** driven by someone (including yourself) who was “high” or had been using alcohol or drugs?
2. **R** - Do you ever use alcohol or drugs to **RELAX**, feel better about yourself, or fit in?
3. **A** - Do you ever use alcohol or drugs while you are by yourself, or **ALONE**?
4. **F** - Do you ever **FORGET** things you did while using alcohol or drugs?
5. **F** - Do your **FAMILY** or **FRIENDS** ever tell you that you should cut-down on your drinking or drug use?
6. **T** - Have you ever gotten into **TROUBLE** while you were using alcohol or drugs?

CRAFFT Scoring

Each “Yes” is added to produce the screening score

- CRAFFT Scores of 0 or 1: “Low Risk”
 - Provide positive feedback, brief advice and encouragement
- CRAFFT Scores 2-6: “High Risk”
 - Assess for acute danger/signs of SUD
 - Provide brief intervention; consider referral to treatment (RT)
- CRAFFT Scores 5-6: “Very High Risk”
 - Assess for acute danger/signs of SUD
 - Provide brief intervention with goal of acceptance of referral to treatment